



ASUNAFO NORTH MUNICIPAL ASSEMBLY

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of this letter should be quoted

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Our Ref:.....

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Date: 20th Jan 2022

ASUNAFO NORTH MUNICIPAL ASSEMBLY

NURTRITIONAL INTERVENTIONS AND INITIATIVES

The Staff of Environmental Health and Sanitation Unit in Collaboration with the Ghana Health Service educated food vendors, school caterers, school children, staff, mothers on the nutritional interventions below.

1. Educating School Feeding caterers and food vendors on balance diet, food hygiene, personal hygiene and food safety.
2. Nutrition- Friendly School Initiative to promote healthy eating and lifestyles among school children. (NFSI)
3. Girls Iron and Folic Acid Supplementation(GIFTS) both in school and out school for adolescent 10-19 years.
4. Growth Monitoring and Promotion for children 6-59 months;
 - A. Weight measurements
 - B. Length and height measurements
 - C. Vitamin A Supplement for children 6-59 months
5. Monitoring and supportive supervision to schools on the school feeding programme.
6. Anaemia control in pregnancy through monthly supplementation of IFAs to pregnant women at the ANCs.
7. Diet clinics (for people with non-communicable diseases Example Diabetes, Hypertension)
8. Iodine deficiency prevention Education
9. Community Infant and Young Child Feeding (C-IYCF)
10. Nutrition Counselling of caregivers with children from birth to five (5) years and pregnant women